

NUTRITIONAL INFORMATION

Average contents	per 100 g	per sachet	1 sachet in 100 ml of water
kcal	301	7.22	
kJ	1280	30.72	
Average analysis			
Fat	0.20 g	0.005 g	
- of which saturates	0.05 g	0.001 g	
- of which mono-unsaturates	0.00 g	0.00 g	
- of which polyunsaturates	0.00 g	0.00 g	
Carbohydrate	65.70 g	1.577 g	
- of which sugars	62.72 g	1.505 g	
Protein	0.00 g	0.00 g	
Salt (NaCl)	16.10 g	0.386 g	
NUTRIENT INTAKE			
Glucose	63.2 g	1.52 g	84.0 mmol/L
Chlorine	7.25 g	174.09 mg	49.6 mmol/L
Sodium	5.71 g	137.13 mg	60.0 mmol/L
Potassium	3.17 g	76.11 mg	20.0 mmol/L
Fructo-oligosaccharides	7.63 g	183.08 mg	-
Citrates	13.26 g	318.22 mg	10.0 mmol/L
Zinc	0.08 g	1.84 mg	0.6 mmol/L
Total osmolarity	-	-	224.0 mOsm/L